Subject: Life Skills Term: Autumn 1 Topic from LTP: Identity Lessons per week: 3

	Topic	Learning Objectives	Tasks	Assessed LO
W1	Who am I?	I can identify 3 things I enjoy doing and what I am good at. I can name my favourite feelings and say when I experience them. I can design a poster to celebrate me.	Label draw picture of yourself. Label age, hair colour/eyes/height and which school I attend. Discuss and brainstorm different skills on board. What are skills and where do they come from — are we born with them or do we have to work to develop them. Identify one skill you have and one you would like to have. List positive feelings- choose 3 or more that you like to experience- discuss where and how we can experience these feelings. Draw a symbol to represent these feelings. Create a storyboard to show your favourite feeling. Tick your favourite ice cream flavours draw your favourite toy/room in the home. Write down your favourite: car, game, friend, weather, holiday, outfit, funfair ride, drink, food. Explore one or more reasons why some of these items are your favourite. Use power point clicker or paper/pencil to design poster about you.	I can name three items/skills that represent me. I can talk about my positive feelings. I can design a document that is all about me.
W2	My personality	I can identify 1 or more things I like in others and 1 or more things I like in myself and explore reasons why. I can speak about my goals and what I would like to do when I grow up.	List things that make someone fun to be with. Brainstorm special qualities. List things you have done well. Explore what qualities help people do things well. Identify 1 or more special qualities in a friend — explore 1 or more special qualities in yourself. What would you do if — game.	I can name one or more things I like in myself. I can explore my ambitions. I can identify negative emotions and reactions.

		I can speak about my feelings and	Brainstorm ideas about the things you would	
		how they sometimes change.	like to do. Complete worksheet things I can	
		,	do and things I cannot do yet.	
			Tick different emotions that you sometimes	
			feel. Separate positive and negative	
			emotions. Identify situations that make you	
			feel cross, angry, and upset. Explore using	
			role-play what might have caused someone	
			to be upset. Discuss what actions we might	
			take when we feel upset.	
			Look closely at different images and say	
			what you see- images are one drawing with 2	
			individual pictures – you tube. Identify	
			famous people that have a disability but	
			worked hard to achieve their goals. Draw a	
			picture of yourself. Draw a picture of your	I can say how I might be different
		I can say how I look on the outside and how I look/feel on the inside. I can explore how everyone is special in their own way.	friend. List 2 things you see in your friend	to someone else.
			that are not obvious to others. I can write an	
			anonymous message to my friend saying why	I can name my good qualities and
			they are a special person.	say what I would like to improve.
			Tick different emotions that you sometimes	I can name negative emotions I
W3	Inside out		feel. Discuss emotional responses. Separate	
			positive and negative emotions on	sometimes feel and explore
		in their own way.	worksheet. Draw picture of you on outside	strategies to help me deal with
		I can explore how to use strategies to help myself feel good.	and one on inside.	them.
			Write on paper one thing you would like to	
			improve – put in 'hat' without your name.	
			Use role play to explore what strategies are	
			needed if someone displays a: negative	
			emotion/prejudice. Identify different ways to	
			support someone if they feel sad. Choose a	
			strategy you could use if you felt sad to help	
			feel better.	
		I understand that it is important to	Define the term 'helping someone'. Explore	I can say why being kind is
W4	Who I help and who	help others.	and list scenarios on board. Say 3 things that	important.
	helps me	Landidantificante (CL) de cont	makes someone likable/unlikable.	
		I can identify acts of kindness in	Brainstorm on board as whole class. Identify	I can name one or more acts of
		myself and others.	images showing kindness and ones showing	kindness.

		I can say thank you to the people that help me	meanness. Use roleplay to explore scenarios. Explore role-model celebrity – their story who inspired them to pursue their goals and achieve. Identify who, where and how someone had been kind to them. Identify acts of kindness in the school. How is kindness acknowledged and celebrated in school? Why is saying thank you important. How might the recipient feel. Write letter/note to a person who has/is very kind to you say how they help you.	I can identify how people have helped me.
W5	Who I live with	I can say who I live with and where I live. I can explore roles and responsibilities within family. I can say what culture means to me.	Locate where you live on a map and write your address. Describe 3 things in your area. Colour in areas/name places you have visited. Give emoji for things you like in your area. Discuss what makes a place fun and the type of person who might enjoy visiting or living there. Create family tree. Write down a job each family member might do at home. Name/share/discuss say 3 things about at least one person you live with. Discuss tasks/roles and responsibilities. List tasks that you do at home. Discuss the importance of responsibilities/consequences. Use role-play to support and consolidate learning. Discuss where family were born, what they might eat, what they like doing, language, traditions, flags, famous places and buildings.	I can talk about my family and who I live with. I can identify what is important to ensure a safe and healthy homelife. I can say one or more things about my culture.
W6	What is the same and what is different	I can discuss what I have in common with my friends. I can explore the differences between my culture and someone else's.	Identify 6 flags of Europe and their symbol icon. Identify similarities and difference on worksheet. Identify different food. Identify different clothes/fashion. Identify different languages. Learn to say hello in 3 different languages. Identify different music types/genres- special landmarks. Use roleplay to explore and identify differences. If	I can name one thing that is different about me and my friends. I can identify the differences and similarities between my culture and someone else's.

		I can identify 3 things about my culture and say why they are important to me.	there was one thing you wanted someone from a different culture to experience from your culture what would it be?	I can identify what is important about my culture.
W7	What I Celebrate	I can celebrate what is unique about my culture and others'. I can design a poster/ power point that is all about my culture. I can speak about my favourite parts of my culture and share this information with others.	Re-cap draw the flag of your country. Write down the language. Draw the food. Locate country on a map. Identify 6 features of your culture that are important to you. Explore and discuss. Drawing/painting picture annotate difference Power point presentation clicker document. Share finish product with class and say 3 things about your culture that you enjoy the most. Give feedback to each other what you like about someone else's culture, what looks interesting, fun, tasty and different. Bring something into school that represents your culture and say a little bit about this item.	I can name one or more things I like about someone else's culture. I can produce a document that includes information about my culture. I can speak about what is exciting about my culture.